

# **Educational Psychology**

Service Delivery Model





## Who Are Psychologists?

SRPSD accesses contracted service providers with psychologists registered with the Saskatchewan College of Psychologists to provide professional services to further enhance our supports for student success.

Educational psychologists support the students' ability to learn and the teachers' ability to teach. Their expertise in mental health, learning and behaviour help students succeed academically, socially, behaviourally and emotionally. The psychologists will support teachers, school administrators, families and other professionals to create safe, healthy and supportive environments that foster *Excellence for Every Learner*.

## What Will a School Psychologist Do?

In our Collaborative Team Model, the psychologist is accessed through consultation with each school's Intensive Supports Consultant. In most cases, referrals will be directed to a psychologist for psychological assessments that will provide a better understanding of a student's specific needs and learning profile.

The psychologist may:

- carry out psychological assessment of students' cognitive and learning styles for the purpose of educational planning;
- recognize, diagnose, and intervene with various child and adolescent learning, behaviour and mental health disorders;
- make recommendations regarding adaptations, accommodations, differentiated instruction and the use of assistive technology to align with student needs.

## **Formal Psychological Assessments**

It is important to note that due to caseload size and limited resources, our referrals for psychological assessments are prioritized as per the following guidelines:

- assessments for students from Grades 3 to 12 who have shown no growth despite supports offered in prior consultation with the SRPSD Inclusive Learning Team;
- assessments that inform programming for students from Grade 3 to Grade 12 attending SRPSD schools;
- assessments necessary to provide a student access to community supports and services for independent living after high school and;
- assessments to support the school team in the provision of services for students with complex needs and multiple disabilities.

## How to Access the Services of a School Psychologist?

When a classroom teacher has identified a student whose needs are not being met, despite adaptations and differentiation strategies implemented by the teacher with the support of the school's Inclusive Education Coach (IEC), the following process should be followed to access educational psychology services:

- 1. Classroom teacher consults with the school's IEC to confirm that initial adaptations and differentiation strategies are not having the desired effects on student growth.
- 2. If the school team determines that further consultation is necessary for an individual student, the school team shall contact their intensive supports consultant to determine next steps.
- 3. If a psychological assessment is deemed necessary to support the student, the school team, with the support of their consultant, shall complete the <u>SRPSD</u> <u>Psychological Assessment Referral Form</u>.
- 4. The consultant will keep the school team informed of the status of the referral once it has been prioritized.
- 5. When a psychological assessment is confirmed, the psychologist will communicate with the family to obtain a signed informed consent form.

## **Parental Consent Requirements**

## **Implied Consent**

Upon registering a child in a SRPSD school, parents are providing implied consent for supports and services that are offered by our team of educational professionals, including school psychologists, to support the classroom teacher in providing universal strategies that are of benefit to all students in the classroom. This type of support does not have any interaction between the psychologist and an individual student.

## **Informed Consent**

Informed consent, as confirmed by a signed Consent form for educational psychology services, is required by a parent or legal guardian for the following types of services:

- SRPSD Collaborative Team consultations to examine the needs of an individual student and develop an individualized educational plan;
- Modelling of strategies with an individual student or a targeted group of students;
- Formal assessment of an individual student; or
- Direct services and supports provided by the school psychologist to an individual student or a targeted group of students.

The psychologist is responsible for connecting directly with parents and guardians to obtain informed consent.

## Documents Associated With Educational Psychology Service Delivery Model:

## Saskatchewan Rivers Public School Division Documents

- Taking Charge of Your Worries (Anxiety resource for classroom teachers)
- Learning Disabilities Handbook for Parents and Teachers
- <u>Teaching Students Skills for Life: A Teacher Guide for Individualized</u>
  <u>Programming</u>
- <u>SRPSD Psychological Assessment Referral</u>
- Responding to Death by Suicide: An Administrator's Guide
- Supporting Students Through Grief: A Teacher Resource Package
- SRPSD Emergency Response Plan
- SRPSD Inclusive Education: IEC Orientation Manual
- Release of Confidential Information

## Saskatchewan Ministry of Education Documents

- Inclusive Education (2017)
- Inclusive Education: A Guide for Classroom Teachers
- Inclusive Education: A Guide for Educational Support Teachers
- Inclusive Education: A Guide for School-Based Leaders
- <u>The Adaptive Dimension</u>
- Inclusion and Intervention Plan Guidelines

## Other Resources

• Carolina Curriculum

## References

- Canadian Psychological Association. (2007). Professional Practice Guidelines for School Psychologists in Canada. Retrieved from <u>https://cpa.ca/cpasite/UserFiles/Documents/publications/CPA%20Practice%20Guide.pdf</u>
- National Association of School Psychologists. (2014). Who Are School Psychologists?. Retrieved from

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Saskatchewan Ministry of Education. (2017). *Inclusive Education*. Retrieved from <u>https://www.srsd119.ca/wp-</u> <u>content/uploads/2018/01/SSS\_RL\_SKED\_Inclusive\_Education\_2017.pdf</u>