



SRPSD COVID Response Plan

Revised September 17, 2021



***NOTE: Saskatchewan Rivers Public School Division's
COVID Response Plan will evolve as required by emerging
health risk assessments and additional information.***

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Introduction

With guidance from the Chief Medical Health Officer, the Local Medical Health Officer and team, the Ministries of Health and Education, and other community partners, Saskatchewan Rivers Public School Division will continue to focus on the health and safety of students and staff in the provision of high quality educational experiences for its students. This plan is intended to be a concise guide based on official guidance from the Ministry, Health and others. It is expected to be a living document that will be revised as more information becomes available and as the circumstances related to COVID-19 change. Even then, the plan will provide overall guidance and some division-wide consistency, but schools will adjust their local plans to provide for local details. The most current SRPSD Return to School Plan is available on www.srsd119.ca and will be updated as needed.

Details are in the document that follows but below is an outline of the guidelines for protocols in place for the safe return of students to our classrooms. Details are in the sections of the document that follows.

1. Students are expected to participate in classroom-based learning in their local school.
2. Students may register in the SRPSD Distance Learning Centre that provides excellent online learning for students who prefer or require an online learning platform.
3. SRPSD has a contingency plan to transition to remote learning if it becomes necessary to suspend in-person learning in a particular classroom, school or across the division.
 - a. All students will be expected to engage in ongoing learning and outcome achievement.
 - b. Teachers will deliver the Saskatchewan Curriculum during periods of remote learning.
 - c. Each school will standardize its choice of remote learning and communication platforms to provide consistency for families. Seesaw or Edsby is used in the Early Years and rest of school uses either the Google Suite (Google Classroom, Google Meet, etc.) or the Microsoft Suite (Microsoft Teams and related).
 - d. Multiple modes of delivery (i.e. online, paper, etc.) will be implemented to meet the learning needs of students as necessary.
 - e. Specialized therapies, professional assessments and unique transitions that can't be provided virtually may be provided face-to-face.
4. Caretaking staff will continue to provide cleaning and sanitation.
5. All staff and students will follow hand sanitization protocols and other protective hygiene practices.
6. Schools will maintain procedures to minimize physical contact between individuals throughout the day. Strategies may include managing student movement in hallways, staggered times for recess, lunch or breaks and keeping classrooms of students separate unless a mixing of students is necessary for instructional purposes.
7. Staff and students will minimize unnecessary sharing of materials and equipment.
8. Visitors and guests will be required to wear masks.
9. All staff and students are required to wear masks in indoor spaces to begin the school year (see Appendix A). In his advice to schools the Local Medical Health Officer specifically states that

“Public Health at this time recommends mask use for all students, staff and visitors. Over the coming months, public health will continue to monitor closely and modify this recommendation as needed. For indoor events such as gym classes, choir and band practice, we suggest that where possible and practical, mask use be promoted.”

The Saskatchewan government and Public Health Agency of Canada continue to emphasize that the most effective public health prevention practice for individuals is vaccination. SRPSD strongly encourages everyone who is eligible to become vaccinated. For more information on vaccines and to book an appointment, please visit Saskatchewan's COVID-19 Vaccine Website.

Social-Emotional Supports for Staff and Students

- a. Mental Health Supports and Resources available to school teams:
 - i. SRPSD School Social Workers.
 - ii. SRPSD Intensive Supports Consultants and Coaches.
 - iii. Mental Health Literacy
 - 1. [Teenmentalhealth.org](https://teenmentalhealth.org) resources
 - 2. Go-To Educator training
 - 3. Curriculum modules for middle and secondary years.
 - iv. [ASIST - Applied Suicide Intervention Skills Training](#)
 - 1. SRPSD has two certified ASIST trainers who will continue to provide training sessions to school personnel throughout the school year.
 - v. SRPSD Resource - [Taking Charge of Your Worries](#)
 - 1. Teacher resource for Kindergarten to Grade 3.
 - vi. [Healthy Mind, Healthy Body](#) for elementary years
 - 1. Copies of the resource were distributed to each elementary school as part of the implementation of the SRPSD Mental Action Plan.
 - French version was also distributed to French Immersion schools.
 - vii. [GoZen.com](#) online mental health resources for classrooms
 - 1. GoZen supports professionals in both K-12 educational settings and private practices by giving teachers stress management, resilience, and emotional intelligence tools in a medium that kids love: Animation.
 - 2. SRPSD currently has 25 licenses available for students to access animations at any given time.
 - viii. CUPE – Employee Family Assistance Program.
 - ix. [STF Member and Family Assistance Program.](#)
 - x. Saskatchewan Health Line – 811.
 - xi. [Saskatchewan.ca/coronavirus](https://saskatchewan.ca/coronavirus) website.
 - xii. [Canada.ca/coronavirus](https://canada.ca/coronavirus) - [Taking Care of Your Mental and Physical Health.](#)

Staff Support & Safety

- a. All employees will self-monitor and if unwell with COVID-19 symptoms, they should stay home. Not all symptoms of illness need to be subject to this requirement so employees are encouraged to consult [COVID-19 symptoms](#) for information. Employees will request their sick leave absence using the normal process established at the school level and enter the absence online for approval/denial.
- b. Teachers will not be required to enter the school when sick to create plans for substitute teachers. There will still be an expectation to make a sub plan and send it in electronically, if a teacher is sick and cannot enter the school.
- c. Teachers that have questions can connect with Neil Finch at nfinch@srsd119.ca.
- d. Non-teacher substitutes that have questions can connect with Jamie Henry at jhenry@srsd119.ca.
- e. Proper hand hygiene practices are recommended.
- f. Casual and Itinerant employees and contractors will report to office at each school.
- g. For updated restrictions (i.e. travel) information please refer to: [Saskatchewan Government Travel Information](#)

Student Supports & Safety

- a. Students with [COVID-19 symptoms](#) are to remain home.
- b. Students with COVID-19 related symptoms at school may be required to be picked up by parent or guardian.
- c. Plans for non-attenders:
 - i. If short term absence:
 - a. Investigate the family's concerns;
 - b. Identify anticipated return to school dates;
 - c. Focus on relationship to encourage re-join;
 - d. Support student with short-term learning opportunities in ways that are reasonable.
 - ii. If students are not planning to attend indefinitely or not to attend at all:
 - a. Explain to parents their options:
 - i. Home-schooling; or
 - ii. Register for online classes SRPSD's Distance Learning Centre.
- d. Short-term Absence Supports
 - i. In the event that a student will be absent from school for a determined, short, period of time, the school team and parents shall collaborate to support the student's continued growth in all subject areas during the absence in anticipation of the student's return to the classroom.
 - ii. In the event that a school's accommodation plan for a student determines that remote learning best aligns with the student's needs, the school team, division personnel and parents shall collaborate to implement a remote learning plan that ensures continued focus on the achievement of outcomes as identified in the student's Inclusion and Intervention Plan.
- e. Schools can develop and communicate orderly entrance plans for students at the start of the day and departure plans for the end of the day to prevent congestion of common or shared areas within the school.
- f. Signage should be displayed in prominent areas within the school and outline proper hand hygiene practices and reminding students to stay home if unwell.
- g. Students are to practice appropriate hand hygiene often while at school:
 - i. Gloves are not recommended over proactive hand hygiene practices.
 - ii. Hand sanitizer will be provided for students at schools. School and Divisional communications will encourage students and staff to bring their own personal hand sanitizer.
 - iii. Proper Hand washing practices will be encouraged in schools through communication, signage and instruction. SHA Handwashing: <https://paphr.ca/services/public-health-services/communicable-disease/handwashing> (see Appendix C)
- h. Student lockers (if assigned):
 - i. Schools will determine locker access in their individual school, assign lockers, and develop instructions for the efficient flow of students and locker access. It is recommended that lockers are not shared between students.
- i. School and Divisional communications with families will reiterate expectations for COVID responsiveness (mask usage if required, hand hygiene, stay home if unwell).
- j. All school staff are to be prepared to respond to these student mental health needs and follow school based procedures to provide this support.

- k. During nutrition distribution/program plans it is recommended:
 - i. Proper hand hygiene must be practiced before and after eating.
 - ii. No self-serve, buffet, or family-style meal service. There should be no common food items. Food should be served in individual portions to each child by a designated staff member.
 - iii. Utensils should be used to serve food items. Reusable utensils must be cleaned and sanitized after each use.
 - iv. Food from home is not to be shared with other students and should be stored with the student's belongings.
 - v. Students may be involved in the sale/operation of canteens.
 - vi. Students are allowed to prepare food for nutrition programs if the students are participating in Commercial Cooking and/or Food Studies and are learning about safety and sanitation in the preparation, storage and service of food.
 - vii. Lunch should be eaten within designated classrooms or areas only.
 - viii. School supplied nutrition for nutrition programs (i.e. emergency lunches, breakfast programs) are to be managed, prepared and delivered by designated staff member.
 - ix. Emergency breakfast or lunch programs are to be managed by staff and food is to be independently served to students
 - x. Schools maintaining canteen services are to provide directions to staff and students for the safe distribution of food (i.e. flow of students purchasing food, physical distancing requirements while waiting.)
 - xi. Schools who maintain vending machine services are to provide clear instructions to staff and students on the use of vending machines in the building and coordinate sanitization routines with caretaker and facilities.
- l. Exchange of Materials/Materials from home/Shared Resources
 - i. It is recommended that materials brought from home by students are to be limited to essentials for school (examples may include but are not limited to: backpacks, lunch kits, outdoor clothing, learning resources as required by the teacher).
 - ii. It is best practice for each student to have their own resources, but with appropriate hand hygiene resources can be shared when required.
 - iii. Students are recommended not to share resources brought from home with other students.
 - iv. Whenever possible, have students store personal belongings separately from others.
 - v. Common or high touch resources will follow health and facility guidelines for sanitization. The SHA recommendation is that surfaces/objects be disinfected between users.
 - vi. Wash/sanitize hands before, and frequently while, handling learning resources.
- m. All other communicable disease information can be found on SHA Parkland Health Area Website - <https://paphr.ca/services/public-health-services/communicable-disease>.

Early Learning (Prekindergarten / Kindergarten)

- a. Home Visits
The importance of connecting to the family, to learn about the child and make decisions around placement are an essential component of early learning programming. Home visits can resume. Some families may not be comfortable with a home visit. For those families, staff can use alternative methods of connecting including:
 - i. Front Yard or Playground Visits;
 - ii. Telephone Calls;
 - iii. Online video conference Meetings.
- b. Pre-K and Kindergarten Start:
The prekindergarten selection process is finalized in fall so that late applicants and vulnerable families new to a community have opportunity to apply.
By September 15, children are selected with the exception of 2 or 3 spots.
By September 29, prekindergarten programs are enrolled to 19. Schools may hold one spot to accommodate a vulnerable child applying later in the year or to accept a referral from a partner agency.

Home visits may be scheduled to begin on **August 30, 2021**. Following completion of the majority of home visits, prekindergarten begins. Schools will have different start dates depending on the number of home visits.

Kindergarten programs that have 14 or more students should offer a staggered start. Half of the children would begin on the first day of school, half the second day, and all of the children on the third day. September 2&3 could be staggered starts with the schedule beginning September 7th.

Please contact your Superintendent if your Kindergarten classes have students requiring intensive support and may require an adjusted plan for a staggered start.

- c. Classroom Environment:
 - i. Ensuring healthy hygiene behaviors and practices are established through teaching protocols and procedures to students (handwashing; covering coughs and sneezes; avoiding touching the face).
 - ii. Utilize outdoor play spaces as much as possible.
 - iii. Reduce the number of toys available. Remove toys which are hard to sanitize or clean. This includes soft toys for example. Many materials and games can remain in use if children are instructed to wash their hands before and after use. Instruct children to avoid putting toys/ materials in their mouths.
 - iv. Food from home must not be shared with other children.
 - v. Create a cleaning schedule for the classroom to ensure that surfaces and toys are cleaned regularly.

Curriculum and Instruction

- a. Teachers understand that students enter school every fall with varying degree of readiness and skills. The priority of school personnel is to make connections with students and establish strong relationships. Additionally, teachers will use a variety of assessments to determine strengths in learning and identify areas that need more support in literacy, numeracy and various subject areas. A learning plan will be created to address areas of concern. Pedagogy/Planning
 - i. Teach the full Saskatchewan curriculum and provide integrated curricular learning opportunities.
 - ii. Use Edsby, See Saw and/or Google classroom to establish communication with families and as a learning platform for students.
 - iii. Implement with fidelity the Literacy Model, Experiential Play Based Model, Mathematician's workshop and other high effect learning strategies.
 - iv. Physical education instruction will emphasize hand hygiene and sanitizing of equipment.
 - v. Music, band and choir can resume – please refer to the recommendations as outlined in Appendix E.
 - vi. All off site learning experiences (i.e. field trips) are governed by school procedures are approved by school administration, and comply with AP 733.
- b. Professional Development/Workshops
Staff can engage in professional learning, training opportunities and workshops. Those individuals planning and facilitating will ensure that all hygiene and sanitation protocols are followed and masks are available to participants.

Collaboration with Consultants and Coaches
 - i. Coaches and consultants are to maintain a calendar identifying locations of work on a daily basis.
 - ii. When possible, schools are to designate meeting areas.
 - iii. Coaches and consultants will record the names of participants in collaborative meetings.

Supporting Students with Intensive Needs

- a. In consultation with a medical professional, accommodations may be provided for students with compromised immune systems.
- b. It may not be possible to support all students with intensive needs in person due to health and safety guidelines. In such cases [AP 154 - Temporary Exclusion of Students for Safety or Medical Reasons](#) shall be followed.

Extracurricular Activities

- a. Extracurricular programming may only occur with SRPSD schools when authorized by the School Division and in accordance with SRPSD's Extracurricular Response Plan (See Appendix D).
- b. Extracurricular programming may be restricted at any time in accordance with Health Authority guidance.
- c. Decisions for programming are school based. Schools are to consider programming that will have the greatest impact on student wellbeing.
- d. Participation by school, staff, and students is voluntary.

Access to School Facilities and External Services

- a. Access to facilities for partnerships or facility requirements is allowed and will be coordinated with school Principal, the Superintendent of Partnerships, or the Superintendent of Facilities.
- b. Visitors and guest will be **required** to wear mask during school hours and during school events and sign in at the office.
- c. Partnerships providing services within a school setting are to follow SRPSD's COVID Response Plan and are to coordinate their services following the direction of the school Principal.
- d. Community access to SRPSD Facilities after school hours is to follow AP 625 and any other applicable requirements in SRPSD's COVID Response Plan
- e. When parents and caregivers are required in person at school they are to follow current SRPSD COVID Response plan requirements including Masking expectations for visitors.
- f. Access to facilities for partnerships is subject to change at any time and may be removed in accordance with Health Authority guidance.

Caretaking & Maintenance

- a. COVID-19 posters and protocol will be revised and delivered to all schools and support facilities. These will be put up at all school and support facilities entrances. This will ensure consistent message to all facilities.
- b. The Facilities Department will purchase all hand sanitizers, masks and other PPE and distribute as requested
- c. Current sanitizing and disinfecting procedures will remain in place as normal practice.
- d. To enhance air purification, Needlepoint Bipolar Ionization (NBPI) units have been installed in most school ventilation systems. The rest of the installations will be complete by September 30, 2021.
- e. Maintenance staff working in schools will report to office, use hand sanitizer and sign in when working in schools and support facilities.
- f. Contractors working in schools and support facilities are required to provide their COVID-19 protocol to Facilities Department prior to working in schools.
- g. Contractors must report to the office and sign in and use hand sanitizer before work commences.

Transportation

- a. Encourage parents to support their children in walking, biking or providing other transportation to school whenever possible. Alternatives to using the bus service can help minimize exposure to viruses and increase student health and fitness.
- b. Busing will be provided for the delivery of students to and from school or school programs, field trips and extra-curricular trips.
- c. Bus drivers will create and enforce route seating plans. No guest riders will be permitted.
- d. Teachers will create and enforce seating plans for field trips and extra-curricular trips.
- e. Regular cleaning and sanitation of buses will occur as required.
- f. Students are required to wear masks during bus transportation. Students who do not or cannot wear masks will not be provided with transportation unless previous arrangements for accommodation have been approved by the School Division.
- g. Bus drivers are required to wear masks or face shields during bus transportation.
- h. School start and end times, or student arrival and departure times, may need to be adjusted.
- i. Communicate with schools and families the new expectations/guidelines for transportation.
- j. Hand sanitizer will be available and is recommended for students to use as they board the bus.

Technology

- a. Teacher planning
 - i. Sanitization:
 - Ensure students use hand sanitizer prior to use;
 - Ensure students use hand sanitizer after use;
 - Ensure students disinfect their device at the end of usage [using the approved cleaning and disinfecting procedures](#).
- b. Coding kits/TRC electronic kits:
 - i. Assign for use to a specific classroom teacher and their students.
 - ii. Teachers and students follow the student's use guidelines.
- c. VR headsets/3D printers/Camera kits:
 - i. Assign for use to a specific classroom teacher and their students.
 - ii. Teachers and students follow the student use guidelines
- d. Intensive Supports Technology:
 - i. Provide tech aids for students with intensive supports as usual.

Communications

- a. The division will primarily use existing communications channels:
 - i. Division email is the primary source for internal communication from the division to staff.
 - ii. School Messenger, web page/splash page, local media, social media (Facebook & Twitter), phone (text and voice), Edsby and other channels will be used as appropriate.
- b. The Division will rely on normal communication practices:
 - i. Division communicates to Principals and Supervisors who share the messages with their staff (and students and families as appropriate).
 - ii. Division will provide updates as required directly to families or directly to staff.
- c. Principals and Supervisors in non-school locations will determine communication channels and practices to ensure that communication to students, staff, families and others is regular, clear and is consistent with Health, Ministry and Division information. Content of communication messages will consider:
 - i. Ensuring information is fact-based, guided by Health directives when related to COVID-19 and consistent with Division messages.
 - ii. Providing clarity, calmness and assurance when potential anxiety or stress may ensue from messages related to COVID-19. North American Centre for Threat Assessment and Trauma Response (NACTATR) guidelines are helpful in considering messaging content and purpose.
 - iii. Encouraging relationships and two-way communication (provide avenues for questions, comments and feedback whenever possible).
 - iv. Messaging to students and families to provide clarity on the full implementation of curriculum, instruction and assessment in this learning environment.

Appendix A - Mask Requirements and other COVID Protocols – Effective Sept 17 until further notice

Saskatchewan Rivers Public School Division values the education of every child and we continue to consider the safety and well-being of all students and staff. We will outline below the current mask requirements for SRPSD.

Some items for consideration and clarification:

- a. Masks will be **required** for all staff, students, visitors and guests while indoors in SRPSD facilities.
- b. Masks will **not be required** while an individual is in an enclosed setting and is alone.
- c. Masks will be **required** for all staff and students during bus and other student transportation.
- d. Masks will **not be required** while consuming food or beverage
- e. Masks will **not be required** for students napping in Pre-K or during classes such as band, choir, PE, etc if it will hinder the learning.
- f. Masks will **not be required** outdoors.
- g. Follow the masking requirements for extracurricular events as outlined in the extracurricular plan Appendix.
- h. Staff and students wishing to provide their own health approved non-medical masks or face shields, are encouraged to do so. SRPSD will provide masks as required at the school. Health Canada recommends that non-medical face masks or face coverings should:
 - i. allow for easy breathing;
 - ii. fit securely to the head with ties or ear loops;
 - iii. maintain their shape after washing and drying;
 - iv. be changed as soon as possible if damp or dirty;
 - v. be comfortable and not require frequent adjustment;
 - vi. be made of at least 2 layers of tightly woven material fabric (such as cotton or linen).
 - vii. be large enough to completely and comfortably cover the nose and mouth without gaping.
 - viii. <https://www.canada.ca/en/public-health/services/video/covid-19-wear-non-medical-mask-face-covering-properly.html>
- i. Exemptions to mask use may be considered as part of an accommodation plan based on medical restrictions. Accommodations that were made for individuals in the 2020/21 school year can remain in place.
- j. Face shields are an alternative to masks when medical or safety concerns exist.
- k. Face shields are an alternative to masks for learning purposes and limited timeframes when deemed necessary by the staff member.

Please note- At any time SRPSD may adjust masking requirements based on guidance from the SHA.

Appendix B: How to Safely Use a Non-Medical Mask or Face Covering

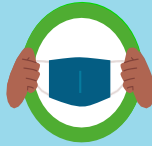
DO'S



DO wear a non-medical mask or face covering to protect others.



DO ensure the mask is made of at least two layers of tightly woven fabric.



DO inspect the mask for tears or holes.



DO ensure the mask or face covering is clean and dry.



DO wash your hands or use alcohol-based hand sanitizer before and after touching the mask or face covering.



DO use the ear loops or ties to put on and remove the mask.



DO ensure your nose and mouth are fully covered.



DO replace and launder your mask whenever it becomes damp or dirty.



DO wash your mask with hot, soapy water and let it dry completely before wearing it again.



DO store reusable masks in a clean paper bag until you wear it again.



DO discard masks that cannot be washed in a plastic-lined garbage bin after use.

DON'TS



DON'T reuse masks that are moist, dirty or damaged.



DON'T wear a loose mask.



DON'T touch the mask while wearing it.



DON'T remove the mask to talk to someone.



DON'T hang the mask from your neck or ears.



DON'T share your mask.



DON'T leave your used mask within the reach of others.

DO YOUR PART

Wear a non-medical mask or face covering to protect others when you can't maintain a 2-metre distance.

NON-MEDICAL MASKS ARE NOT RECOMMENDED FOR:

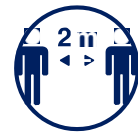
People who suffer from an illness or disabilities that make it difficult to put on or take off a mask

- Those who have difficulty breathing
- Children under the age of 2

DON'T JUDGE OTHERS FOR NOT WEARING A MASK.

Kindness is important as some people may not be able to wear a mask or face covering.

REMEMBER, wearing a non-medical mask or face covering alone will not prevent the spread of COVID-19. You must also wash your hands often, practise physical distancing and stay home if you are sick.



Appendix C: Handwashing



REDUCE THE SPREAD OF COVID-19. WASH YOUR HANDS.



1

Wet hands with
warm water



2

Apply soap



3

For at least 20
seconds, make
sure to wash:



4

Rinse well



5

Dry hands well
with paper towel



6

Turn off tap using
paper towel



palm and back
of each hand



between fingers



under nails



thumbs

1-833-784-4397

canada.ca/coronavirus

phac.info.aspc@canada.ca

Appendix D. Extracurricular COVID Response Plan



Extracurricular COVID Response Plan



Introduction

Within Saskatchewan Rivers Public School Division COVID Response plan, extracurricular activities are referenced as a part of operations and return to play will occur following division approval. Extracurricular activities, including sport and athletics, within the school setting is a positive a rewarding experience for many students and staff. The intent of this document is to provide the framework for SRPSD schools to provide these extracurricular opportunities in a safe and COVID-19 responsive manner. Saskatchewan Rivers Public School Division will continue to focus on the health and safety of all stakeholders in the provision of quality extracurricular opportunities for its students.

This extracurricular COVID response plan is intended to provide overall guidance and division-wide consistency. Student, staff and school participation in extracurricular activities remains voluntary.

SRPSD overarching guidelines for extracurricular activities and sport:

- Anyone with COVID-19 symptoms are to remain home.
- Sport and extracurricular activities in each school are voluntary and is dependent upon activities offered by the school and the availability of staff coaches and leaders within the school to offer programming.
- Schools are to regularly review their procedures and operations in order to make any necessary adjustments to align with current SRPSD COVID Response plan requirements
- When competitions are allowed for extracurricular events or inter-school/intramural sport competitions spectators of a participating student/students will be allowed to attend in accordance following the current SRPSD COVID response plan restrictions and any applicable public health orders
 - In the event that spectators in attendance at school extracurricular events are required to wear a non-medical mask as per the current SRPSD COVID response plan, non-medical cloth made of two layers of closely woven fabric or disposable masks are acceptable. Examples of non-acceptable masks, but not limited to, are bandanas, gaitors, scarves or other articles of clothing not intended to be worn as a non-medical mask.
 - For all indoor extracurricular events, visitors are required to sign in to support contact tracing if required.
- Schools will communicate with spectators and participants the expectations for COVID responsiveness (masking if required, orderly entrance plans for spectators, hand hygiene, stay home if unwell)
- Schools may limit spectators attending school extracurricular activities if required
- Sharing of any equipment should be minimized and it is recommended that equipment is sanitized between use by participants as per SRPSD COVID Response plan guidelines, hand sanitizer should be available during activity.
- Students participating in extracurricular programming are to complete and return **SRPSD Extracurricular Activity Participation Waiver Form** (Appendix iii)
- **SRPSD extracurricular activities and sport (intramural, inter-school, or inter-divisional) can be withdrawn at any time by SRPSD and following guidance from the SK Health Authority.**

SRPSD Extracurricular Activities Parameters

Non-Sport Extracurricular Activities General Operating Guidelines:

- Promote participation outdoors whenever possible.
- All extracurricular clubs including music/band/fine arts/cooking clubs are allowed and are to follow all restrictions as per the SRPSD COVID Response Plan.
- Masks may be required for participants involved in programming situated indoors in accordance to any masking requirements as outlined in SRPSD's COVID Response Plan at the time of participation. Participants are to adhere to any masking expectations from the school division as part of their participation.
- It is recommended that shared resources are to be sanitized between use.
- Attendance is to be recorded for each activity. Extracurricular attendance records are to be stored at the school for potential contact tracing purposes.
- Attendance to events located outside the Province of Saskatchewan are to be pre-approved and may be denied in accordance with Health recommendations.

Sport Activities General Operating Guidelines

- **Participants, Coaches and Officials are to adhere to any masking requirements from the school division as part of their participation.**
- Limit the sharing of materials and equipment (in particular during practices).
- Participants are to have their own water bottles
- Spectators are encouraged to attend school sport events, when allowed, in accordance with SRPSD's COVID Response plan restrictions at the time. Spectators are asked not to attend if unwell.
- Each school is required to keep a record of participants and spectators involved in extracurricular events or activities. This record is to be stored at the school for access in the event of contact tracing requirements.
- Transportation is available for extracurricular sport, all current transportation restrictions according to SRPSD's COVID response plan are to be adhered to at the time of the event. If students are transported in private vehicles they must adhere to SRPSD's administrative procedure: [AP 735 Student Transportation in Private Vehicles](#)
- P4A play will follow rule adaptations and accommodations as communicated by the P4A Coordinator
- If required, P4A Inter-School mini leagues will be set utilizing geographic and demographic school information. Final determination will be given by the P4A Coordinator and Superintendent in charge of Athletics. If inter-school mini leagues are not deemed viable, or able to be organized in a safe COVID-19 responsive manner, they will not be authorized.
- High Schools opting in for SHSAA sanctioned play (intramural or inter-school mini leagues) will register their teams in ExNet <https://www.shsaa.ca/> and follow the SHSAA season of play schedule.
- If applicable, all sport specific COVID accommodations and rule adaptations are to follow the sport governing body for example: SHSAA or P4A guidelines.

SRPSD Extracurricular School Sport Participation Parameters – Update August 13, 2021

SRPSD Return to Extracurricular Sport Participation Phases

SRPSD extracurricular sport phases are authorized by the Superintendent of Schools in charge of Athletics when appropriate and following the guidance of local health authority. During sport participation phases 3-5, teams attending events outside SRPSD are to adhere to the host school divisions COVID protocols

Phase One (practice only):

- School based skills training sessions/practices only.
- Participating students are in established cohorts. Cohorts of students are organized by schools to minimize inter grade or class mixing.
- Masking for all participants is to align with any current SRPSD COVID response plan requirements.
- Spectators are not permitted during phase one.
- No joint sponsorship allowed.

Phase Two (intra-school competitions):

- Focus on skill development as a priority first.
- Intramural competitions are ideally limited to established cohorts within the school or between established cohorts of participants within the school. Intramural competitions between school cohorts should only be considered when low participation numbers are prevalent or established cohorts are small. Intramural competitions should be organized to minimize cohort mixing.
- Officials for competitions are limited to school staff members.
- Masks are not required for student athletes. However, masks may be required when appropriate and minimal physical contact cannot be maintained (i.e. sitting on a bench as a team when not actively participating, or in the change room prior to a game).
- Coaches and officials can be required to wear masks in accordance with current divisional mandate on school masking.
- No new joint sponsorship scenarios are allowed from the time of enacting phase 2.
- Spectators are allowed for outdoor events only and required to follow any guidelines and/or restrictions as listed in the SRPSD COVID Response Plan.

Phase Three (inter-school and inter-divisional play):

- Inter-school sport competitions (i.e. P4A) for participating SRPSD schools or within a large school where mini-leagues can be developed.
- Interdivisional league play can occur (i.e. SHSAA).
- Participation in or hosting of tournaments is not allowed.
- Participation in sporting events outside Saskatchewan is not allowed.
- Officials for competitions should be prioritized to SRPSD employees first, if supply cannot be met, officials may be utilized from outside SRPSD.

- Masks are not required for student athletes. However, masks may be required when appropriate and minimal physical contact cannot be maintained (i.e. sitting on a bench as a team when not actively participating, or in the change room prior to a game).
- Masks may be required for coaches and officials in accordance with the current divisional mandate on school masking.
- Community volunteers, and spectators are allowed and must adhere to any current guidelines and/or restrictions as listed in the SRPSD COVID Response Plan (i.e. masking requirements in schools).

Phase Four (Full Return to Sport with restrictions):

- Full return to sport within SRPSD and Inter-divisional play (i.e. SHSAA).
- Officials for competitions should be prioritized to SRPSD employees first, if supply cannot be met, officials may be utilized from outside SRPSD.
- Masks are not required for student athletes.
- Masks may be required for coaches and officials indoors in accordance with the current divisional mandate on school masking.
- Community volunteers, and spectators are allowed and must adhere to any current guidelines and/or restrictions as listed in the SRPSD COVID Response Plan (i.e. masking requirements in schools).

Phase Five

- Full return to sport and inter-divisional play (P4A and SHSAA events included) without restrictions.

**Appendix iii – SRPSD Extracurricular Activity Participation Waiver Form RELEASE OF
LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**
(To be executed by Participants over the Age of Majority)

WARNING - PLEASE READ CAREFULLY BEFORE SIGNING

**By signing this document, you will waive certain legal rights – including the
right to sue
COVID-19**

Disclaimer

Saskatchewan Rivers Public School Division (SRPSD), and their respective board, directors, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the extracurricular activities take place, and representatives (collectively the “Organization”) are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the extracurricular activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization (Saskatchewan Rivers Public School Division (SRPSD)) has put in place preventative measures to reduce the spread of COVID-19; however, SRPSD cannot guarantee that I will not become infected with COVID-19. Further, participating in extracurricular activities could increase my risk of contracting COVID-19.

In consideration of the Organization allowing me to participate in the extracurricular activities, I agree that COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death. I am participating voluntarily in extracurricular activities and I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the extracurricular activities associated with contracting COVID-19 or any other contagious disease.

Release of Liability and Disclaimer

In consideration of the Organization allowing me to participate, I agree:

- a) That the sole responsibility for my safety remains with me;
- b) To ASSUME all risks arising out of, associated with or related to my participation;
- c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities;
- d) To WAIVE any and all claims that I may have now or in the future against the Organization;
- e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in extracurricular activities;

- f) To FOREVER RELEASE AND INDEMNIFY SRPSD from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organization;
- g) To FOREVER RELEASE AND INDEMNIFY SRPSD from any action related to my becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of myself or others, including but not limited to the Organization;

Jurisdiction

I agree that in the event that I file a lawsuit against the Organization, I will do so solely in the Province of Saskatchewan and further agree that the substantive law of the Province of Saskatchewan will apply without regard to conflict of law rules.

Acknowledgement

I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

I acknowledge that failing to follow COVID-19 restrictions placed upon extracurricular activities by the Organization will result in the Organization removing the privilege to participate in extracurricular activities.

I confirm that I have read and fully understand this waiver and release of liability. I sign this waiver and release of liability voluntarily without any inducement, assurance, or warranty being made to me.

School

Date

Name of Participant (print)

Signature of Participant

Date of Birth

Name of Parent or Guardian (Print)
(If participant is a minor)

Signature of Parent or Guardian
(For minor)

Appendix E: Band/ Music Mitigation for COVID 19 Recommendations

Masking:

- Mask everything: Students while singing or speaking and instruments while playing.
- Two layers or more of dense fabric for instrument bell covers is recommended. (Purchased from music industry suppliers, sewn at home (directions attached) <https://www.youtube.com/watch?v=tEifKVgaTDQ> or DIY no sew <https://www.youtube.com/watch?v=GNLzgbgP4SI>)
- Slitted face masks with holes are recommended while playing wind instruments by the cited research but are highly inhibitive to student learning therefore are not recommended.

Air Ventilation/ Spacing

- Distance 6 ft where possible
- Outside is always best, move rehearsals outside when possible
- In spaces with good ventilation rates and HEPA filtration, increased indoor rehearsal times of 50 minutes may be considered.

Sanitizing

- Continue good hygiene practice moving forward, including appropriate elimination of brass fluid. (Disposable puppy pads recommended)

Recommendations compiled from <https://www.nfhs.org/arttional-coalition-led-by-performing-arts-organizations-to-commission-covid-19-studyicles/unprecedented-interna/>

Instrument Bell Cover Directions (Sewn)

INSTRUMENT	Bell Size (Diameter)	Bell Size (Circumference)	Template Diameter	Elastic Length
Clarinet	3 in.	9.4 in.	5 in.	7 in.
Bass Clarinet	5 in.	15.7 in.	7 in.	11 in.
Alto Sax	5 in.	15.7 in.	7 in.	11 in.
Trumpet	5 in.	15.7 in.	7 in.	11 in.
Tenor Sax	6 in.	18.8 in.	8 in.	14 in.
Bari Sax	8 in.	25.1 in.	10 in.	20 in.
Trombone	8 in.	25.1 in.	10 in.	20 in.
Tuba	26 in. ?	81.7 in.	28 in.?	76 in.

Required Supplies and Materials

- Thick, opaque, stretchable material
 - https://www.joann.com/performance-nylon-spandex-fabric/zprd_16734576a.html
 - 80 denier tights work for a 7" diameter or smaller template
- Elastic ($\frac{1}{4}$ to $\frac{3}{8}$ thickness works well)
- Thread to match material
- Paper or cardboard to create template
- A safety pin is helpful to thread the elastic

1. Look at the chart above to create the correctly sized template.
2. Trace and cut out **TWO** circles of fabric for each instrument cover.
3. Place the **CORRECT SIDES** of the two fabric circles together.
4. Sew the two circles together along the edge (about $\frac{1}{4}$ inch) keeping a small hole big enough to turn the material right side out.
5. Once the edge is sewn, turn the material right side out. Stretch the material a bit until the fabric resembles a circle.
6. Measure from the edge about $\frac{5}{8}$ inch and sew a second circle to create an elastic pocket.
7. Using a safety pin, thread the elastic through the open hole around the perimeter of the cover until the elastic comes back to the original hole.
8. Overlap the two ends of the elastic and stitch together.
9. Sew the hole for the elastic closed.
10. Stretch around the cover to make the gatherings even. The finished product will resemble a shower cap.