

# Important Numbers

**HealthLine:** 811

**Police:** 911

**Victim Services:** 306-953-4357

**Mobile Crisis:** 306-764-1011

**Parkland Ambulance:**

306-953-9800

**Income Assistance:**

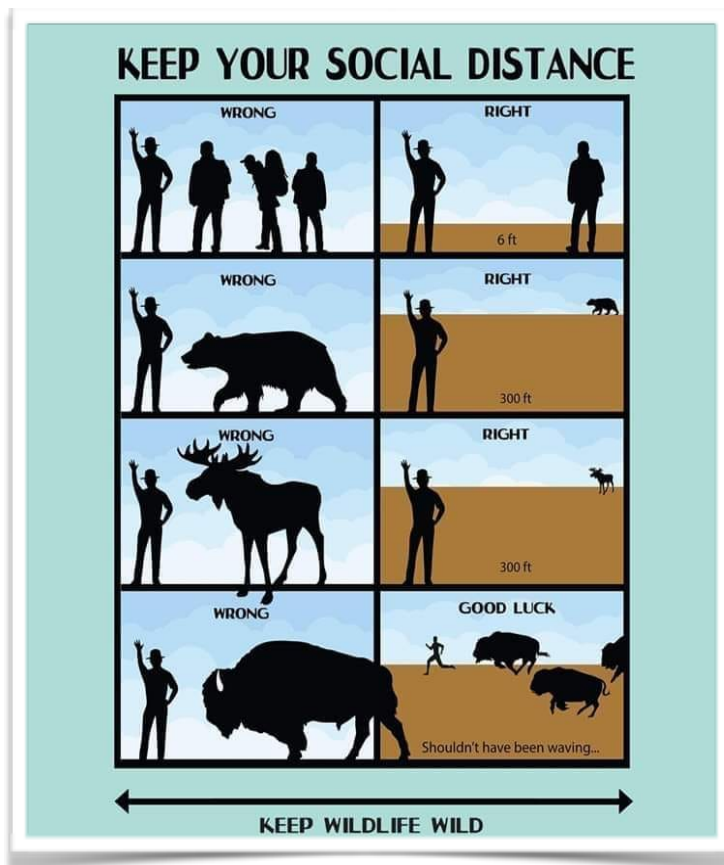
306-953-2345

**Child Protection:**

306-953-2422

**Employment Insurance:**

Apply Online: <https://www.canada.ca/en/employment-social-development/corporate/notices/coronavirus.html>



## COUNSELLING SERVICES

Mental Health: 306-765-6055

Catholic Family Services: 306-922-3202

Metis Addictions: 306-953-8250

Kids Help Phone: 1-800-668-6868 or text 686868 or chat online at

<https://kidshelpphone.ca/>