## **Prekindergarten 'I Can' Statements**

A couple of points of consideration when using this visual:

- 1) These statements are not a checklist; your students will be capable of more than what these statements can capture.
- 2) These statements are adaptable. You can change the wording to suit the situation and learning your students are showing you, and to demonstrate the continuum of learning your students are on. For example:

'I can move in different ways, speeds and directions'

Can be adapted to:

'I like to try jumping from a log onto the ground'

# **Social Emotional Development**

Developing Self Awareness	I can tell you about myself and my family.
	I can tell you what I look like.
	I can tell you what I like and don't like.
<b>Developing Self Worth</b>	I am comfortable trying new things.
Developing a Sense of Belonging	I feel safe and secure in my classroom.
	I can take care of classroom belongings.
Separating from Family Without Distress	I can say goodbye to my family and play at school.
Identifying and Regulating Emotions	I can tell others how I am feeling.
	I can adjust my behaviour.
Interacting with Others	I can form relationships with the people around
	me.
	We can work together to solve a problem.
Taking Perspective of Other and Showing	I can consider other people's feelings.
Empathy	I can understand how what I do affects others.
Resolving Conflicts	I can ask for help when I have a problem.

## **Physical Development**

Developing Loco-motor Skills	I can move in different ways, speeds and directions.
<b>Developing Fine Motor Skills</b>	I can use my hands to use small tools to create.
<b>Developing Stability and Balance</b>	I can balance and I can jump.
<b>Developing Manipulative Skills</b>	I can throw, kick, catch and hit.
<b>Developing Space and Body Awareness</b>	I can explore movement safely.
	I am aware of my body in space.
<b>Developing Healthy Habits</b>	I can make healthy choices.

# Spiritual

Experiencing a Sense of Wonder, Awe and Joy	I can express excitement about my world.
<b>Experiencing Heightened Sensory Awareness</b>	I can use my senses to explore.
Developing an Appreciation of Beauty and	I can choose pleasurable aspects of my
Connection to the Natural and Man-made World	environment to connect with.

#### Intellectual

Solving Problems	I can think of different ways to solve a problem.
	I can try again if I don't succeed.
Creating and Imagining	I can express my ideas and thoughts in my art,
	music and play.
Recognizing Attributes and Characteristics	I can sort objects into different kinds of groups.
<b>Exploring Numeracy</b>	I can count, measure and compare.
Exploring Time	I can understand the passing of time.
	I can sequence events.
<b>Exploring Position and Direction</b>	I can understand basic position and direction
	words.
Listening with Interest and Engagement during	I can take part in a storytelling.
Brief Experiences with Spoken Language.	
Engaging in Conversation	I can use a wide variety of words in conversations.
<ul> <li>Responding to Others and Expressing</li> </ul>	I can ask 'how' and 'why' questions.
Ideas	
<ul> <li>Inquiring</li> </ul>	
Exploring Words	I can use the words I've learned while I'm playing.
<ul> <li>Incorporating Vocabulary in Play</li> </ul>	I can finish a sentence using a rhyming word.
<ul> <li>Engaging in Sound and Word Play</li> </ul>	I can make up my own rhymes or songs.
<b>Gaining Meaning from a Variety of Visual Formats</b>	I can engage with text meaningfully during play.
and Text Materials	I can explore books, pictures and objects by
<ul> <li>Exploring Meaningful Images and</li> </ul>	myself, with a friend or with my teacher.
Symbols	
<ul> <li>Engaging with Stories and Books</li> </ul>	
Representing Ideas using Expressive Forms	I can express myself in different ways with
	different materials.
<b>Exploring how Print Works</b>	I am aware that speech can be written down and I
	can write my ideas in my own way.