

**Quarterly  
Update about  
the  
Prince Albert  
R.I.C.**



**Volume 1, Issue 4  
Fall/09**

***“Working  
together to  
support  
integrated  
planning in the  
delivery of  
service to  
children, youth  
and families.”***

### **Purpose:**

The Prince Albert Regional Intersectoral Committee will work collectively to foster and support an integrated approach to the planning and delivery of services across sectors in response to the needs of children, youth and families.

### **Congratulations**

- Congratulations to Mr. Bobby Henry who has been hired by the Regional Intersectoral Committee to develop a Drug Strategy that encompasses both the North and the Prince Albert regions. All sectors—health, education, justice, social services etc. are working together to formulate a strategy that meets the multi-dimensional needs of those experiencing challenges.
- Congratulations to Family Futures and King George Community School who have partnered together to provide 17 preschool spaces and 13 spaces for after-school programming for school aged children.
- Congratulations to the Prince Albert Literacy Network who are celebrating their 20th anniversary.

### **Background**

The government of Saskatchewan has been working to improve positive outcomes for families and communities facing increasing challenges through the Human Services Integration Forum, formerly called the Associate Deputies' Forum. In order to provide a closer link with communities, nine R.I.C.'s were developed across the province, each with a Coordinator. As well as carrying out work in its own priority areas, the R.I.C. shares the priorities of, and supports the work of the Human Services Integration Forum at the provincial level.

### **Dates to Remember**

- Conflict Resolution Skills - Dealing with Difficult People  
[www.achievecentre.com/fall09/sask.html](http://www.achievecentre.com/fall09/sask.html)  
Saskatoon—Oct. 1, 2009
- Stress Management—Gain Focus and Live Well  
[www.achievecentre.com/fall09/sask.html](http://www.achievecentre.com/fall09/sask.html)
- RIC Executive Meeting  
Sept. 21st - 1:00—1521 6th Ave. West
- Community Networking Coalition  
Sept. 22—City Hall 12:00
- Food Security Conference  
LaRonge—Oct. 22 & 23  
Moose Jaw—Oct. 2nd & 3rd
- Saskatchewan Literacy Conference  
The Spirit of Community—  
Nov. 18th & 19th  
Saskatoon Inn - Saskatoon

1521 6th Avenue W.  
Prince Albert SK  
S6V 5K1

• Phone •  
306-765-6620  
• Fax •  
306-765-6624  
• email •  
[fstupnikoff@paphr.sk.ca](mailto:fstupnikoff@paphr.sk.ca)





- Prince Albert Regional Intersectoral Committee Agency Membership List:
- Prince Albert Parkland Health Region—rural and urban
- Department of Social Services
- Services Canada
- Saskatchewan Corrections and Public Safety
- Prince Albert Housing Authority
- SIAST Woodland Campus
- Young Offenders Program
- Saskatchewan Government Career and Employment Services
- Prince Albert Grand Council Urban Services
- Prince Albert Catholic School Division
- Prince Albert Métis Nation
- Prince Albert Crime Reduction and Youth Justice
- Prince Albert Police Services
- Saskatchewan Rivers School Division
- City of Prince Albert
- Ministry of Education
- Dept. of Justice & Attorney Generals Office

## Dates to Remember cont'd

- RIC General Meeting - Mac Mall  
Oct. 1st—11:30
- Workshop—Barbara Coloroso  
The Bully, the bullied, and the bystander  
Carlton - Oct. 13th—9:00—3:00
- Barbara Coloroso  
Kids are Worth It—Carlton Oct. 13th—7:00

For more information on RIC and its activities please contact::

Fay Stupnikoff — Coordinator

1521 6th Ave. W. PA. 306-765-6620

Lydia Franc — CoChair

1521 6th Ave. W. PA. 306-765-6638

Alan Nunn — CoChair

545 11th St. E. P.A. 306-764-1571

## KEYS TO SUCCESS IN PREPARING A GRANT APPLICATION

1. It is better to do 5 things really well, than to do 10 things poorly!
2. Clarify all action steps and make sure they will get you where you want to go - if not, change them.
3. Ensure written reporting of progress.
4. Reward the accomplishment of goals. Celebrate!
5. Assign a defined project champion and / or leader for each project. Based on passions.
6. Make your plan part of your meeting schedule.
7. “Fix” the stuff that breaks along the way. It is OK to scrap!
8. Sometimes you need to change players on the team.
9. The plan should drive the budget and the planning process should be done in advance of you budget process. In the budget process, ask lots of questions - do not rubber-stamp things you do not understand.
10. Ensure you realistically match human / financial resources with priorities (you want results, not a paper weight or a white elephant).

**Remember, people can only help you reach your goals if they know what they are.**

**Either you can or you cannot, whichever you choose.....**

**You will always be right.**

**Communication is the Key to Success**

## Important Notice

The next deadline for CIF applications is Nov. 1st.

**The priority areas for the Prince Albert Regional Intersectoral Committee are 1) Housing & Homelessness 2) Food Security 3) Safe & Healthy Communities with an emphasis on The Drug Strategy & the 0-5 population.**

## Did You Know?

- 2 City Police Officers and 2 social service workers with the child protection unit have partnered together to provide a more seamless comprehensive service delivery model for the community. They are also establishing relationships with Health.
- The Detox Centre will open in the near future. There is a total of 14 beds. It is in close proximity to the Victoria Union Hospital and Mr. Andre Letendre is the new director.
- There are 320 Pre Kindergarten students in our region (both urban and rural). 14 classes are located in community schools and 4 are located in non designated schools.
- The city is working hard (with many partners) to provide housing to HIV / Aids victims. They plan to find housing 1st and wrap other services around clients. HIV/Aids is epidemic in our region and Saskatchewan has 1/4 of all cases in Canada
- Through the media a “typical child” will have witnesses 30,000 violent acts & 8,000 murders on television.



## Early Childhood Committee

Sylvia Gent, Manager of Kids First stated “the value of sharing of information at the Early Childhood Council table has been the impetus for many collaborative and creative initiatives. At this table early childhood needs are identified and various groups and organizations share resources to meet service gaps”.

One example of such a partnership is the Teen Parent Transportation Project. The Urban Aboriginal Strategy provided funding to the city who bought Family Futures a van. Family Futures and Women of the Earth use vans to transport teen parents and their children to school and school day care at Wesmor, St. Mary’s and Carlton. Kids 1st contribute toward the cost of the driver .

Because these groups are willing to work together and share resources teen parents have the opportunity to complete high school and children of teen parents are ensured a good start in life.

## Good Food Box Smart Families Food Co-op

The order /payment deadline for the large \$20 box is Wed. Sept. 2/09 with pick up on the 9th. The order/payment deadline

for the small \$20

food box is Sept. 16 and pickup on the 23rd.

The schedule is as follows:

<b>September</b>	<b>Payment Due</b>	<b>Pick-Up</b>
Large Food Box	Sept. 2	Sept. 9
Small Food Box	Sept. 16	Sept. 23
<b>October</b>		
Large Food Box	Oct. 7	Oct. 14
Small Food Box	Oct. 21	Oct. 28
<b>November</b>		
Large Food Box	Nov. 4	Thurs. Nov. 12
Small Food Box	Nov. 18	Nov. 25
<b>December</b>		
Large Food Box	Dec. 2	Dec. 9
Small Food Box	Dec. 16	Dec. 23

Dec. dates subject to change.

For any questions or more information, please do not hesitate to call or email.

Ali Robin— Program Coordinator

Smart Families Food Co-op

1350 15th Ave. West

Prince Albert, SK S6V 5P2

(306)763-0242 Email - smartfamiliesfoodcoop@yahoo.ca

## Pandemic Planning Information

Because charities and nonprofit organizations provide support to Canadians in every community across the country and many provide essential services. Imagine Canada has created an emergency preparedness package directly relating to the H1N1 (Human Swine Flu) pandemic. Although there are conflicting opinions about how serious the pandemic is likely to be it makes sense for organizations to be prepared. Topics covered in the package include teleworking preparedness, job task templates to ensure that critical tasks get done, a sample emergency plan, and a variety of articles on pandemic preparedness.

For more information, visit:

- <http://www.imaginecanada.ca/?q=en/node/1117>
- Prince Albert Parkland Health Region  
[www.paphr.sk.ca](http://www.paphr.sk.ca)
- Public Health Agency of Canada  
[www.publichealth.gc.ca](http://www.publichealth.gc.ca)
- FightFlu.ca  
[www.FightFlu.ca/](http://www.FightFlu.ca/)
- Sask Health  
[www.health.gov..sk.ca/](http://www.health.gov..sk.ca/)